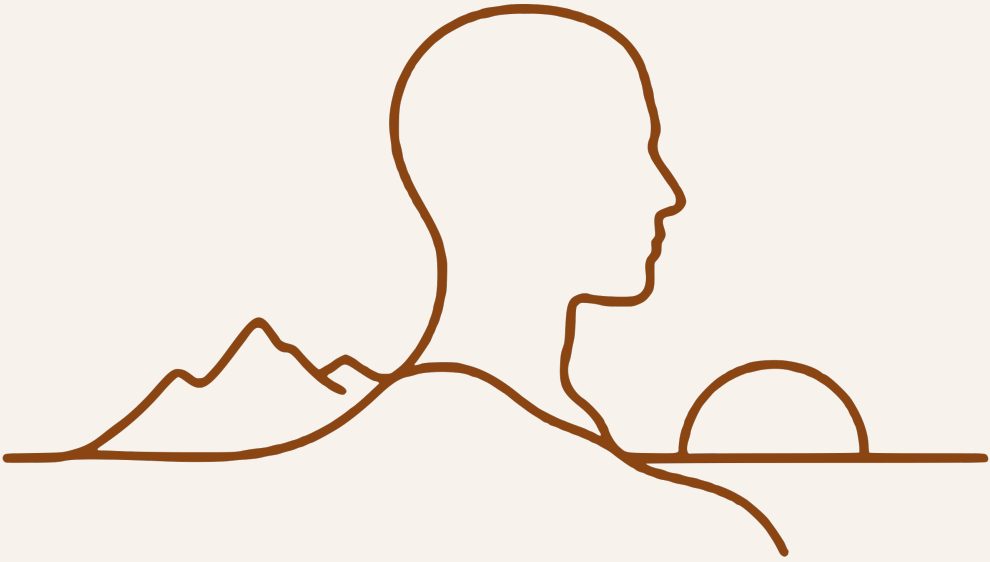
The Psychology of Founder Resilience

How high-stakes leaders stay grounded, clear, and effective under pressure



Len P. van der Hof

Systems for the Strategic Self