

You decide the way you always have: fast, by feel, on the experience you happen to have accumulated. Most of the time it works, so you never inspect the machinery underneath. Then a hire goes wrong, a price gets set out of habit, a call you cannot reverse gets made at the end of a long day, and you realize the quality of your judgment is something you have been hoping for, not building.

The usual advice is to trust your instincts and get more reps on the job. But unexamined repetition does not train judgment; it only rehearses whatever you already do, including the mistakes.

The Judgement Gym treats decision-making the way a serious athlete treats the body: as a capacity you improve on purpose, through deliberate load, measurement, and recovery. It introduces TRAIN, a system that turns scattered decisions into structured practice, so the quality of your thinking compounds instead of drifting. It is the difference between logging hours and actually getting stronger.

You will learn to:

- Set the target a decision is really optimizing for, before instinct answers for you.
- Build deliberate reps into hiring, pricing, and the calls you cannot take back.
- Slow the irreversible decisions enough to let judgment, not pressure, decide them.
- Run each decision through a verification pass instead of defending the first answer.
- Review outcomes as data, turning every call into a feedback loop rather than a story.

The result is not a more cautious version of you. It is an operator whose judgment holds under load, sharper after ten years of decisions instead of merely more confident.

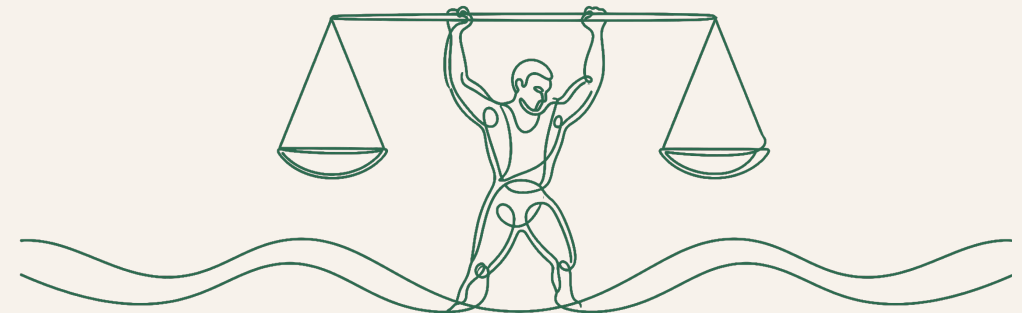
If you are done leaving the most important skill you own to chance, this is the training you have been improvising without.

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The Judgement Gym

Maintain the **thinking** that makes you **worth hiring** when AI thinks faster



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Systems for the Strategic Self